

An aerial photograph of a dense, lush green forest. In the center of the image, a single tree stands out with its vibrant red foliage, contrasting sharply with the surrounding green canopy. The text "CINQ MÔNDES" is centered in the upper half, and "SPA PARIS" is centered below it. At the bottom, the text "TREATMENTS MENU" is centered.

# CINQ MÔNDES

SPA PARIS

TREATMENTS MENU

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For booking and information:  
please call (+39) 070 79 79 7027 or 7027 from your room.

Opening hours: Monday to Sunday 9:30 AM - 8 PM



# FACIAL TREATMENTS

BALANCE  
ENERGY

**“Bali Flowers Ritual” Radiance Facial Treatment** **25’ – 60.00 €**  
Enjoy the delicate scents of tropical flowers in this express radiance treatment inspired by Balinese Beauty Rituals and discover its beneficial effects of skin cleansing, wellbeing and beauty.

**“Five Flowers Ritual” Illuminescence Facial Treatment** **50’ – 110.00 €**  
Based on an ancestral Balinese ritual, this treatment includes a purifying deep pore cleansing and blends the extracts of five tropical flowers and a skin glowing patented ingredient, the Kombuchka®. A mesmerizing massage of the face, nape and shoulder muscles awakens skin vitality.

**“Ko Bi Do” Lifting and Plumping Facial Treatment** **50’ – 110.00 €**  
This manual anti-wrinkle facial from the ancestral Japanese Ko Bi Do Ritual is associated with a unique anti-ageing active complex. Enjoy this holistic approach to lift, tonify your facial contours and effectively renew, smooth and plump lines on the face and neckline.

AGE DEFENCE

**“Ko Bi Do” Global Anti-Aging Facial Treatment** **80’ – 160.00 €**  
This “global anti-ageing” facial - manual anti-wrinkle treatment from the Japanese Ko Bi Do Ritual paired with a regenerating mask - deeply works on wrinkles, firmness and dewy complexion and focuses on eye contour, lips, neckline and arms. Skin feels soft and youthful, and the spirit and mind very restful.

*Durations refer to the actual treatment time. They don't include guest welcoming and change in the dressing room.*

## BODY TREATMENTS

### Energizing Aromatic Scrub

20' – 60.00 €

Enjoy a wonderful moment of wellbeing with this ancestral ritual inspired by beauty recipes and treatments from the island of Java. With a fascinating earthy scent and a brilliant energizing recipe featuring zesty spices and sea salts, you will experience a satin smooth skin and a stimulating sense of energy.

### Polishing “Papaya Purée Scrub”

20' – 60.00 €

A body polishing technique used in a ritual from Siam with creamy, finely grained “papaya purée”. After being delicately exfoliated and polished, your skin is supremely radiant and deliciously scented.

### Sublime Scrub with Tahitian Monoï

20' – 60.00 €

Drawing inspiration from the Polynesian islands and perfectly suitable for the most sensitive skin, this traditional preparation of monoï, made from infused Tiaré blossoms, raw sugar and ground coconut powder will regenerate skin and awaken the spirit.

### Purifying Scrub with Beldi Black Soap

20' – 60.00 €

Discover this Middle Eastern Hammam tradition. Combined with the exfoliating action of the Kassa Glove, this time-honored recipe deeply purifies the skin to leave it feeling soft, satiny and delicately scented.

### Purifying Detox Treatment with North African Rhassoul Wrap

20' – 60.00 €

Let yourself be transported to the magical world of the Hammam and Moroccan tradition. Your skin will feel toned and silky thanks to the detox properties of this natural clay.

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## MASSAGES

### Deep-Relaxing Balinese Massage

50' / 80' – 100.00 / 150.00 €

Immerse in a world of tranquility thanks to this ancestral ritual massage from Bali performed with the Tropical Nuts Melting Balm. This sensorial escape includes gentle Thai pulling and traditional stretching movements.

### Relaxing North African Massage

50' / 80' – 100.00 / 150.00 €

A genuine massage that works on the entire body using delicately perfumed hot Argan oil. The expert hands of the massage therapist work on tender knots and tensions to eliminate toxins and muscle pains while promoting a state of pure wellness.

### Relieving Sublime Polynesian Massage

50' / 80' – 100.00 / 150.00 €

A body massage treatment inherited from The Polynesian healers and inspired by Lomi-Lomi, which uses deep pressure from the therapist's forearms and long continuous movements. Tiaré flower notes accompany you all along this blissful experience of instant relief.

### Tonifying Indian Ayurvedic Massage

50' / 80' – 100.00 / 150.00 €

This hot oil tonifying massage, from the millennial old Indian tradition, relies on a combination of invigorating strokes. Enjoy the vanilla and cardamom fragrances of this treatment that helps to relieve muscles, encourages sound sleep and leaves skin silky-soft.

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# SLIMMING & FIRMING TREATMENTS

## Brazilian Slimming Treatment 50' – 120.00 €

Inspired by a Brazilian ritual, this treatment combines the “fat burning” properties of caffeine with a unique massage and kneading technique to fight against cellulite on the legs, stomach, hips, back and arms. This treatment is followed by a refreshing, firming and purifying body wrap.

## Indian Slimming Treatment 50' – 120.00 €

A thousand-year-old slimming treatment that fights against water retention on the lower legs, thighs and ankles. This treatment is preceded by a warm body wrap to detox the skin and optimize the effects of active ingredients such as ginger and Lipocare® (a patented active ingredient that decongests skin tissue).

# RITUELS DE SOIN®

## Ayurvedic Ritual 80' – 160.00 €

- Energizing Aromatic Scrub
- Tonifying Indian Ayurvedic Massage

## Polynesian Ritual 80' – 160.00 €

- Sublime Scrub with Tahitian Monoï
- Relieving Sublime Polynesian Massage

## Balinese Ritual 80' – 160.00 €

- Polishing “Papaya Purée Scrub”
- Deep-Relaxing Balinese Massage

## North African Ritual (Hammam) 110' – 185.00 €

- Purifying Scrub with Beldi Black Soap
- Purifying Detox Treatment with North African Rhassoul Wrap
- Relaxing North African Massage

## Happiness Duo Ritual 110' – 350.00 €

From the privacy of the hammam, where aromas and colors triumph, to the energizing scrub with rare and precious spices. 110 minutes of pure relaxation for couples, crowned by the Tonicifying Indian Ayurvedic Massage or Relaxing North African Massage.

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# OUR “SIGNATURES”

## Access to the SENSORY WELLNESS AREA ..... 120' - From 38.00 €

Experience a feeling of relaxation and appeasement of the senses. Heated sea water pool with different jets, steam room, bio-sauna, ice fountain, salt room (halotherapy), aromatic showers (color therapy and aromatherapy), emotional lounge (music therapy, aromatherapy and color therapy), herbal tea lounge.

## CRYOSKIN by Cryojet ..... 10' - 60.00 € - Flat rate 10 sessions: 550.00 €

Localised cryotherapy treatment (face, arms, abdomen, hips, legs, thighs and gluteus). A cold nitrogen mist (up to -180°C) is sprayed on the skin to stimulate the production of collagen, elastin and hyaluronic acid. Anti-aging, anti-pain, anti-cellulite. Visibly improved results from the first session.

## [MLX Quartz] by Gharieni [NEW] ..... Suppl. 20.00 €

Exclusive quartz sand-bath spa table. Based on the ancient Greek concept of “psammotherapy”, the heat released from the small grains of quartz not only provides physical and mental relaxation, but also stimulates the metabolism and has a purifying effect. Air cells integrated in the table make the sand move wave-like (Dynamic Flow Massage System) for a revitalizing massage.

Enhances the effect of all our massages and treatments.

## GOLDEN SAND EXPERIENCE - [MLX Quartz] by Gharieni [NEW] ..... 25' - 70.00 €

Personalized express facial treatment, hot sand bath and Dynamic Flow Massage.

Durations refer to the actual treatment time. They don't include guest welcoming and change in the dressing room.





# CINQ MÔNDES

SPA PARIS



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