



Thalassa

SEA & SPA

Welcome to
Pullman Timi Ama
Sardegna 5*



Timi Ama between reality and legend

Timi Ama, or "*fear of loving*" in Sardinian language. The name of the hotel has its roots in legend and tells us about mythological creatures and impossible loves.

Local tradition has it that the stretch of sea in front of the hotel was once inhabited by sirens whose irresistible singing would put a spell on fishermen. Cast onto the rocks of the coast, seafarers would perish crazy with love and desire for these temptresses.

From a legendary past, this sunny corner of paradise definitely retains its bewitching charm. Located in a secluded position, in the heart of the natural beauty of the Capo Carbonara Marine Protected Area, the Pullman Timi Ama Sardegna overlooks an enchanting bay with crystal clear waters and a lagoon inhabited by pink flamingos, framed by fragrant hills covered with lush Mediterranean scrub.

Tempting, so tempting, to do nothing but soak up the beauty of this idyllic spot – but that's far from the only temptation. Outdoor sports galore, a natural reserve rich in flora and fauna to explore, and a raft of family activities for tots to teens...

Neither dream nor cliché, this is Pullman Timi Ama Sardegna.

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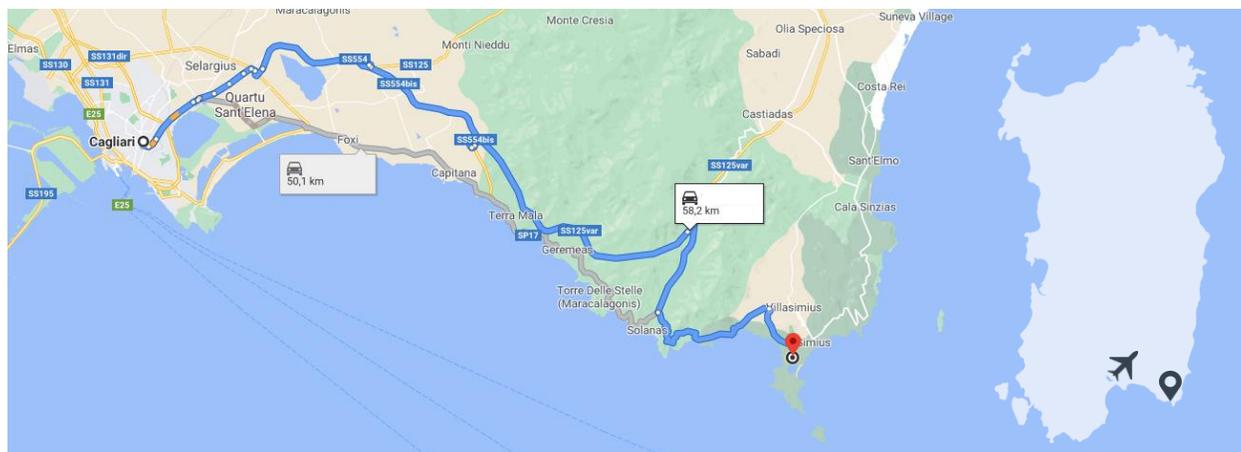
PLAY





How to reach us

- || 55 km from Cagliari international airport
- || 2 km from Villasimius village and marina
- || Transfer airport – Hotel on request (extra charge)
- || Free shuttle bus Hotel – Villasimius (at scheduled times)
- || GPS: N 39° 7' 16.58" E 9° 30' 59.32"



Source: Google Maps



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Style & Comfort: *our rooms*

275 rooms on 3 floors, 5 lifts | *garden, mountain or bay view*

- || 127 Classic rooms: 20 sq m, max occupancy 2 adults + 1 baby cot
- || 42 Superior rooms: 25-35 sq m
- || 90 Executive rooms: 25-35 sq m, renovated
- || 12 Deluxes: 30 sq m, some are renovated, open plan, sofa bed suitable for one / two children
- || 4 Suites: 35-70 sq m , 2° floor, garden/mountain view, Mediterranean style
- || 14 accessible rooms
- || 42 interconnecting rooms

Common features

Furnished balcony or terrace • separate tub and shower (only shower in Classic rooms) • for all children 0-2 years a baby cot is provided (extra charge) • air conditioning • satellite TV • docking station • minibar • hairdryer • make-up mirror • safe • bathrobes • bathroom amenities by C.O. Bigelow • slippers and beach flip-flops • Nespresso coffee machine in all Executives, Deluxes and Suites • complimentary water (2x 50 ml bottles per room per day) • check-in time: from 2 pm • check-out time: by 12 pm • no pets allowed



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Superior



Classic



Executive (refurbished)



Deluxe (refurbished)



Garden / mountain view



Bay view



Suite «Fiorentina»



Suite «Marina 2»



Must try experiences: *our restaurants*

Wide choice of restaurant options to satisfy all palates

- || **La Veranda***: panoramic poolside restaurant, open kitchen, international cuisine, buffet breakfast and dinner with a different theme every evening
- || **Mediterraneo**: à la carte restaurant by the pool, Mediterranean/fusion cuisine, light meals for lunch and “by night” 10.30 pm – 1.00 am (*extra charge*)
- || **I Ginepri**: à la carte beach restaurant, the best of Italian and Sardinian cuisine for lunch and dinner, happy hours, live music (*extra charge, reservation needed for dinner*)
- || **Su Tea**: elegant and cozy rooftop restaurant, gourmet cuisine, available in high season only at dinner, adults only (*extra charge, reservation needed*)
- || **Poké House**: fresh Hawaiian-inspired poke bowls for your lunch at the beach
- || **NEW!** Chiringuito Beach house (grill & fry)
- || **Pizza & Basta**: selection of gourmet pizzas for a poolside tasty lunch (*extra charge*)
- || **Only 2 You**: private, candlelight dinner on the beach (*on request, extra charge*)



La Veranda



Mediterraneo



I Ginepri



Su Tea

*Half-board includes buffet breakfast and buffet dinner at “La Veranda” (drinks excluded)

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Must try experiences: *our bars*

The right cocktail at the right time

- || **La Vista – Wine Spirit & Lobby Bar:** lobby bar with terrace overlooking the bay, aperitifs at sunset, Luxury Spirits corner for after dinner
- || **Mov'ita - Pool Bar & Fun:** pool bar, live music, wide choice of cocktails, aperitifs, tapas
- || **La Cabana Bianca - Beach Bay Bar:** beach bar, ice cream, slushes, snacks
- || NEW! Chiringuito Beach house (grill & fry)
- || **VIP Club:** piano bar, only in low season

Ask for more:

- || **Vinoteca by Pullman:** a long list of wines by the glass, from the world's best grands crus to surprising local Sardinian vintages
- || **Tutti Frutti:** fabulous Italian ice cream and a range of healthier treats including fruit smoothies, cocktails and salads

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La Vista – Lobby Bar



La Vista – Lobby Bar



Mov'ita – Pool Bar



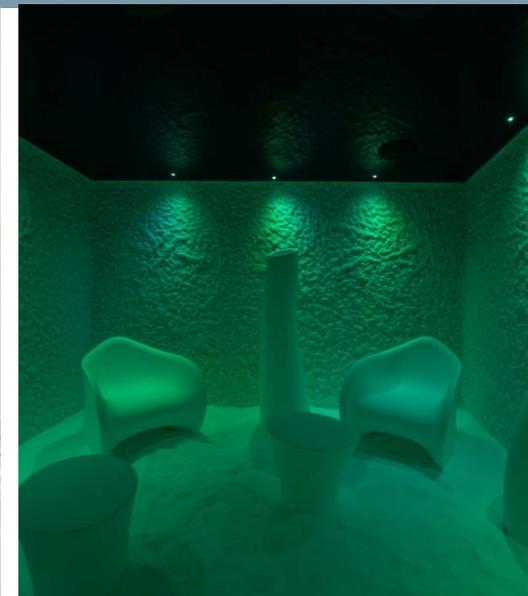
Mov'ita – Pool Bar

Our Active Break by Thalassa Sea & Spa

A bubble of serenity lies at the heart of the hotel

To all who need a boost, the state-of-the-art Thalassa Sea & Spa institute offers regenerating seawater treatments, and a range of beauty treatments and massages by Thalassa Sea & Skin, Cinq Mondes and Fitomediterranea **[NEW 2021]**

- || **Sensory Wellness Area** (120'): 60 sq m heated seawater pool with targeted jets, steam bath, bio-sauna, ice fountain, aromatic showers, salt room (halotherapy), emotional relaxing room (music therapy, aromatherapy and chromotherapy), herbal tea lounge
- || **Seawater spa treatments and algotherapy**
- || **Massages**
- || **Face and body beauty treatments**
- || **Our signatures:** Sardinian Beauty exclusive treatments, cryotherapy



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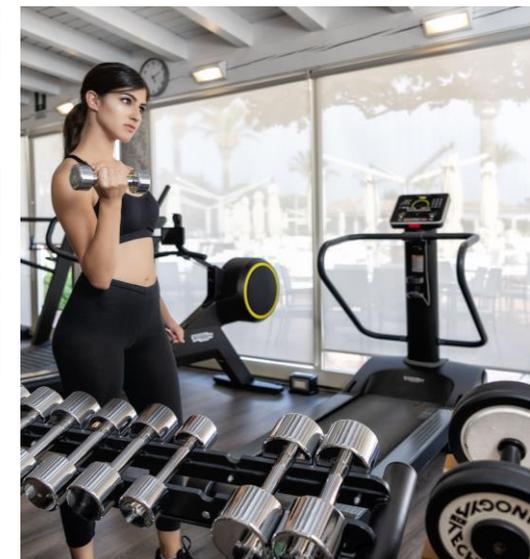
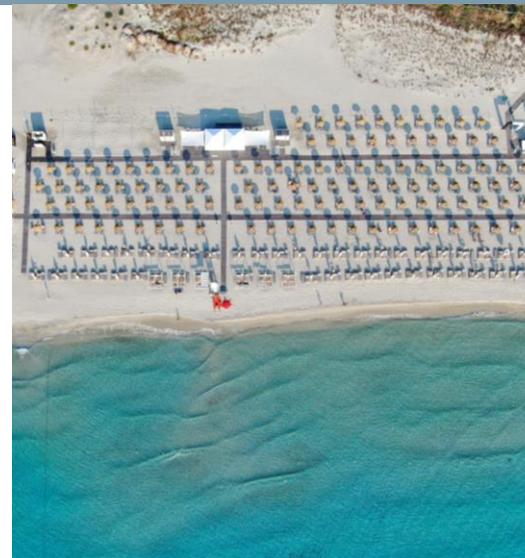
CINQ MÖNDES
PARIS

FITOMEDITERRANEA®
FITOCEUTICI

Time off is on: sports & activities

A raft of family activities for tots to teens

- || **Private white sand beach** at 500 m (reachable by electric train), equipped with sun loungers, beach umbrellas (first and second row with extra charge) and changing rooms. Beach towels provided
- || **Outdoor 800 sq m unheated swimming pool** with solarium (private sofa and gazebo with extra charge)
- || **Free sports:** jogging, soft gym, beach volley, gym on the beach, aqua gym, fitness & Latin Fit, archery, boules, table tennis, tennis (4 courts), soccer and volleyball
- || **Pullman FIT:** modern fitness room with the latest gym equipment, personal trainer at disposal (*private sessions with extra charge*)
- || **Fit Trail:** 1.2 km trail with 18 fitness stations for your outdoor training
- || **Evening entertainment:** shows, live music, Sardinian folklore



Time off is on: *sports & activities*

Recreational activities at the hotel with extra charge

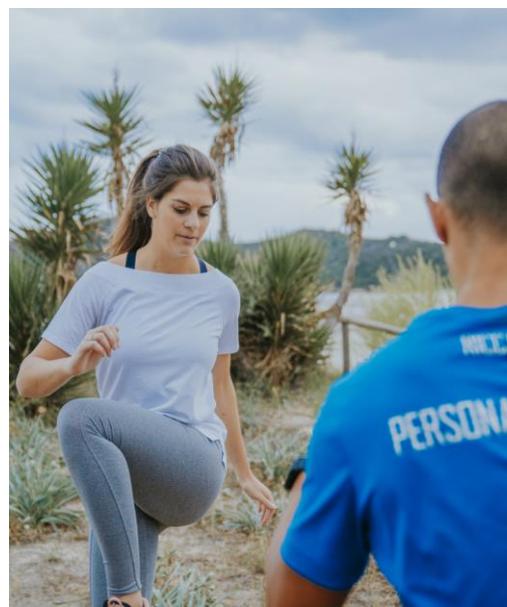
- || Tennis private lessons in collaboration with Sunball, renowned tennis school
- || Personal coaching private sessions
- || Sports tournaments
- || Water sports (canoeing, stand up paddle, laser, wind surf)
- || Inflatable boats, sailboats, yachts, helicopters, cars and bikes rental

Activities for the little ones:

- || On-Call Nanny (0-3 y.o.): babysitting service on request (*extra charge*)
- || Baboo Club (4-11 y.o.): miniclub (*extra charge*)
- || Kids' Playground (4-11 y.o.)
- || Teens Only (12-17 y.o): activities and areas designed for teenagers (*no registration fee, excursions with extra charge*)

 Discover more

Thalassa
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Time off is on: sports & activities

Recreational activities nearby the hotel with extra charge:

- || 18-hole golf court at 700 m
- || Horse riding centre at 700 m
- || Horseback excursions
- || Excursions to the islands (inflatable boat, catamaran, sailing boat)
- || Quad and jeep excursions
- || Visits to caves, wineries, archaeological sites
- || Cagliari guided tour
- || Diving (PADI, CMAS)



Various audio-guided courses, designed to allow you to discover the local heritage while practicing wellness exercises.



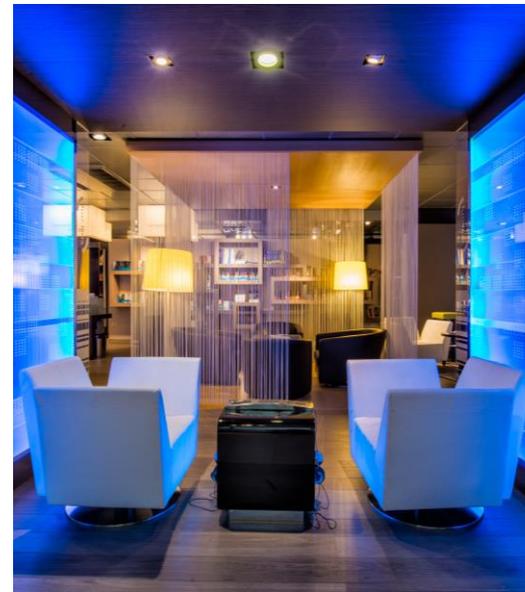
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Other facilities

- || High-end fashion boutique
- || Jewelry store
- || Bazar (*newspapers, magazines, tobacco products, cosmetics, perfumes, souvenirs*)
- || Slow Food Pleasures food store: tempting selection of local products
- || ATM
- || Connectivity Lounge: business center equipped with PCs with Internet access and printers
- || Chill-out space: comfortable salons equipped with iPod docking stations
- || International library
- || In-Room Fitness kit: everything you need for in-room training (on request)
- || 4 meeting rooms (*up to 350 guests*)
- || Amphitheater (*up to 500 seats*)
- || Artist Playground: contemporary art exhibition in the hotel lobby
- || Weddings & banquets (*possibility of a civil ceremony on the beach*)
- || Organization of private and cultural events
- || Co-working areas





Your health and safety are our absolute priority

We have introduced intensified hygiene & prevention measures to ensure your safety. The ALLSAFE label verified by SGS represents our new elevated cleanliness protocols and standards and provides assurance that these standards have been met in our hotel.

- || Social distancing enforced in all common areas.
- || Sanitiser provided in key public areas and in the rooms. (front desk, elevators, restaurants, etc.)
- || Reinforced cleaning program in public areas with frequent disinfection of all high touch areas.
- || Employees given comprehensive safety & hygiene training
- || Guest access to medical professionals and tele- medical support, with our AXA partnership. [Learn more >](#)
- || Reinforced food safety standards and new protocols.



We are doing everything possible to reassure you and anticipate your needs

#ALLSAFE

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Sustainable development: our Planet 21 commitments

At Pullman Timi Ama Sardegna, we imagine a Positive Hospitality.
To better welcome the future.



- We train staff on eco-friendly behavior specific to their jobs
- We've instituted a staff committee on 'Health, Safety and Well-Being'
- We've implemented collective planning for work schedules



- By default, we reuse sheets for stays longer than one night
- We encourage guests to reuse sheets
- We use eco-certified cleaning products
- We offer ecological products
- We reduce the amount of paper used for printing
- We offer a charging station for electric cars
- We offer eco-friendly transport services



- We participate in the 'Plant for the Planet' programme
- We put fundraising operations in place



- We ban the use of overfished species
- We grow a vegetable garden
- We use food products from local suppliers and/or short supply chains
- We offer food products with third-party labels (organic, fair trade, etc.)
- We recycle food waste
- We offer vegetarian catering



- We measure and analyse water and energy consumptions on a monthly basis
- We water our gardens with regenerated water
- We use energy-efficient light bulbs
- We ensure that all waste water is processed
- We sort our hazardous waste and have it processed in appropriate waste streams
- We collect and reuse rain water

Main awards



World's Leading Island Resort

World's Leading Island Resort
2011 - 2020



Europe's Leading Family & Wellness Resort

Europe's Leading Family & Wellness Resort
2018 - 2020



Europe's Leading Hotel & Spa

Europe's Leading Hotel & Spa
2016 - 2020



Europe's Leading Island Resort

Europe's Leading Island Resort
2010 - 2017



HOTELS & RESORTS SECTOR

Signum Virtutis
2013 - 2020
Seven Stars Leisure Resort
2018 - 2019
Seven Stars GM of the Year (Patrick Recasens)
2018



Best Luxury Island Resort Spa
2020
Best Luxury Wellness Spa
2018 - 2019



Best Luxury Family Beach Resort
2019-2020
Luxury Thalasso & Spa Resort
2011 - 2019



TripAdvisor Certificate of Excellence / Travelers' Choice
2016 - 2020



WORLD LUXURY RESTAURANT AWARDS
2018

Health & Wellness Cuisine (Europe)
Luxury Wedding Cuisine (Europe)
Fusion Cuisine (Europe)
Best Food Styling/Presentation (South Europe)
Luxury Resort Restaurant (Italy)
Italian Cuisine (Italy)
2018



Best Family Resort (Europe)
2016 & 2019
Best Beach Resort (Italy)
Best Family Resort (Italy)
2017 - 2019
Best Seaside Resort (Europe)
Best Island Resort (Italy)
2018
Best Island Resort (Europe)
2019



Best Resort Spa (Italy)
2016 & 2018
Best Hotel Spa (Europe)
2017
Best Beauty Spa (Italy)
Best Day Spa (Italy)
Best Hotel Spa (Italy)
2018



Stay in touch

Contact:

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Pullman Timi Ama Resort *****

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