

An aerial photograph of a dense, lush green forest. In the center of the image, a single tree stands out with vibrant red foliage, contrasting sharply with the surrounding green canopy. The text is overlaid on the image in a clean, white, sans-serif font.

**CINQ MŌNDES**  
**PARIS**

**TREATMENTS MENU**

**2021**

# SUMMARY

Browse our treatments menu or click on the session you are interested in.

[FACIAL TREATMENTS](#) P. 3

[BODY TREATMENTS](#) P. 4

[MASSAGES](#) P. 5

[SLIMMING & FIRMING TREATMENTS](#) P. 6

[TREATMENT RITUALS](#) P. 7

## **For booking and information:**

Please call (+39) 070 79 79 7027  
or 7027 from your room.

## **Opening hours:**

Monday to Saturday

Reception: 9:30 AM – 7:30 PM

Treatments: 11:30 AM – 7:30 PM



# FACIAL TREATMENTS

## **“Bali Flowers Ritual” Radiance Facial Treatment**

**20 min – 70 €**

Enjoy the delicate scents of tropical flowers in this "express radiance" treatment inspired by Balinese Beauty Rituals and discover its beneficial effects combining skin cleansing, wellness and beauty.

## **“5 Flowers Ritual” Illuminescence Facial Treatment**

**50 min – 110 €**

Based on a Balinese ritual, this face treatment and massage tones, moisturizes and illuminates the skin. Thanks to a combination of extracts from five tropical flowers and a massage of the face, nape and shoulder muscles, skin is more supple and the complexion more radiant.

## **“Ko Bi Do” Lifting and Plumping Facial Treatment**

**50 min – 120 €**

Inspired by a time-honoured Japanese beauty ritual, the rejuvenating “Ko Bi Do” treatment is a remarkable manual face lift using deep movements on the face and neck to restore toned, smoothed and plumped skin.

## **“Ko Bi Do” Supreme Youth Facial Treatment Ritual**

**80 min – 180 €**

This exceptional treatment combines the beneficial effects of traditional botanical resources used in Cinq Mondes' skincare products, chosen during the treatment, with Dermalpuncture movements: dermal kneading, face reflexology, acupuncture, lifting and smoothing massage movements using the “jade ridoki” (roller), for a truly natural face lift. These 50 lifting movements revitalize and plump your skin, and so rekindle its Youth capital.

*Treatment durations indicated correspond to the actual duration of the treatment. Please arrive at the Spa 10-15 minutes before your treatment is scheduled to start.*

# BODY TREATMENTS

## **Energizing Aromatic Scrub**

**20 min – 70 €**

Enjoy a wonderful moment of wellness with this time-honoured ritual inspired by beauty recipes and treatments from the island of Java. Let yourself be whisked away by the delicate fragrances of this energizing treatment based on spices and sea salts that leaves skin feeling silky soft.

## **Polishing “Papaya Purée” Scrub**

**20 min – 70 €**

A body polishing technique used in a Ritual from Siam with creamy, finely grained “Papaya Purée”. After being delicately exfoliated and polished, your skin is supremely radiant and deliciously scented.

## **Sublime Scrub with Tahitian Monoi**

**20 min – 70 €**

Drawing inspiration from the Polynesian Islands and perfectly suitable for the most sensitive skin, this traditional preparation of Monoi, made from infused Tiare blossoms (Tahitian gardenias), sugar and ground coconut will regenerate the skin and awaken the mind.

## **Purifying Scrub with Beldi Black Soap**

**20 min – 70 €**

Travel to the heart of the Middle East with this authentic Hammam tradition. Combined with the exfoliating action of the Kassa Glove, this time-honoured recipe deeply purifies the skin to leave it feeling soft, silky and delicately scented.

## **Purifying Detox Treatment with “North African Rhassoul Wrap”**

**20 min – 70 €**

Let yourself be transported to the magical world of the Hammam and Moroccan traditions. Your skin will feel toned and silky thanks to the detox properties of this natural clay.

*Treatment durations indicated correspond to the actual duration of the treatment. Please arrive at the Spa 10-15 minutes before your treatment is scheduled to start.*

# MASSAGES

## **Deep-Relaxing Balinese Massage**

**50 / 80 min – 110 / 160 €**

Immerse yourself in a world of tranquillity with this time-honoured massage Ritual from Bali that uses "Tropical Nuts Melting Body Balm". This sensorial journey combines traditional smoothing massage and gentle Thai stretching movements.

## **Traditional Relaxing North African Massage**

**50 / 80 min – 110 / 160 €**

This massage, inspired by North African traditions, works the whole body with heated and delicately perfumed argan oil. The expert hands of your practitioner envelope you in slow, deep movements to give you a feeling of pure wellness.

## **Soothing Sublime Polynesian Massage**

**50 / 80 min – 110 / 160 €**

A body massage inherited from Polynesian healers and inspired by Lomi-Lomi, which uses deep pressure and long, continuous movements from the practitioner's forearms. Delicate notes of Tiare flowers accompany you throughout this blissful experience of relaxation and letting go.

## **Tonifying Indian Ayurvedic Massage**

**50 / 80 min – 110 / 160 €**

Enjoy the vanilla and cardamom fragrances of this tonifying warm oil massage inspired by thousand-year-old Indian traditions. The change in pace between energetic and warming strokes releases tension and relaxes the muscles.

*Treatment durations indicated correspond to the actual duration of the treatment. Please arrive at the Spa 10-15 minutes before your treatment is scheduled to start.*



# SLIMMING & FIRMING TREATMENTS

## Brazilian Slimming Detox and Lightness Treatment

50 min – 130 €

Inspired by traditional Brazilian medicine, this treatment uses kneading, friction and percussive movements to deliver tissue detox and drainage for harmonious grounding and balance of the entire body. The treatment's effect of deep relaxation is a source of new energy and lightness.

## Indian Slimming Treatment

50 min – 130 €

A thousand-year-old slimming treatment that fights against water retention on the lower legs, thighs and ankles. This treatment is preceded by a warm body wrap to detox the skin and optimize the effects of active ingredients such as ginger and Lipocare® (a patented active ingredient that decongests skin tissue).



*Treatment durations indicated correspond to the actual duration of the treatment. Please arrive at the Spa 10-15 minutes before your treatment is scheduled to start.*

**CINQ MÕNDES**  
PARIS

# TREATMENT RITUALS

## **Ayurvedic Ritual**

- Energizing Aromatic Scrub with Spices
- Toning Indian Ayurvedic Massage (50 min)

80 min – 170 €

## **Sublime Ritual from Polynesia**

- Sublime Scrub with Tahitian Monoi
- Soothing Sublime Polynesian Massage (50 min)

80 min – 170 €

## **Royal Ritual from Siam**

- Polishing “Papaya Purée” Scrub
- Deeply Relaxing Balinese Massage (50 min)

80 min – 170 €

## **North African Ritual**

- Purifying Scrub with Beldi Black Soap after relaxation in the Hammam
- Purifying Detox Wrap with Rhassoul Clay Cream
- Traditional Relaxing North African Massage (50 min)

110 min – 195 €

*Treatment durations indicated correspond to the actual duration of the treatment. Please arrive at the Spa 10-15 minutes before your treatment is scheduled to start.*

# CINQ MŌNDES

PARIS



**PULLMAN TIMI AMA SARDEGNA**

Viale dei Ginepri, 3  
09049 Villasimius - Sardinia, Italy  
Tel. +39 070 79 79 1  
Email: [H3040@accor.com](mailto:H3040@accor.com)